

DC:0–5™ Training Handout



ZERO TO THREE

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DC:0-5

MULTIAXIAL Framework Worksheet



Child's name: _____ Date completed: _____

Clinician: _____

In formulating the diagnostic summary, begin with cultural considerations, then move through each Axis in this order Axis III, Axis IV, and Axis V, Axis II, and Axis I.

Cultural Considerations:

(DC:0–5, pp. 9–12)

Consider the Cultural Formulation Tables. This may include Cultural Identity of Child and Parents/Caregivers, Cultural Conceptualizations of Distress, and Cultural Features of Vulnerability/Resilience that will influence formulation of the diagnostic summary.

Axis III: Physical Health Conditions and Considerations:

(DC:0–5, pp. 149–151)

Include prenatal conditions and exposures, chronic medical conditions, acute medical conditions, history of procedures (date, procedure, days hospitalized), recurrent or chronic pain, physical injuries or exposures, medication effects, and markers of health status.

Axis IV: Psychosocial Stressors:

(DC:0–5, pp. 153–158)

Stressor type	Describe stressors	Age of onset	Comments, including duration and severity
Challenges within the infant's/young child's family or primary support group			
Challenges in the social environment			
Educational or child care challenges			
Housing challenges			
Economic and employment challenges			
Infant/young child health			
Legal or criminal justice challenges			
Other (This could include immigration, pandemic, war, racism, terrorism)			

Axis V: Developmental Competence:

(DC:0–5 Appendix A, pp. 159–185)

Competency Domain Rating	Emotional	Social–Relational	Language–Social Communication	Cognitive	Movement and Physical
Exceeds developmental expectations					
Functions at age-appropriate level					
Competencies are inconsistently present or emerging					
Not meeting developmental expectations (delay or deviance)					

Notes and Considerations:

Axis II: Relational Context:

(DC:0–5, pp. 140–145)

A. Caregiver–Infant/Young Child Relationship Adaptation

(adaptive quality of the relationship between a primary caregiver and an infant/young child)

TABLE I: Dimensions of Caregiving

(if relationship with more than one caregiver is being rated, write in the caregiver, e.g., “mother,” “grandmother”, in the box)

Caregiving Dimension	Contribution to Relationship Quality		
	Strength	Not a concern	Concern
Ensuring physical safety			
Providing for basic needs (e.g., food, hygiene, clothing, housing, health care)			
Conveying psychological commitment to and emotional investment in the infant/young child			
Establishing structure and routines			
Recognizing and responding to the infant’s/young child’s emotional needs and signals			
Providing comfort for distress			
Teaching and social stimulation			
Socializing			
Disciplining			
Engaging in play and enjoyable activities			
Showing interest in the infant’s/young child’s individual experiences and perspectives			
Demonstrating reflective capacity regarding the infant’s/young child’s developmental trajectory			
Incorporating the infant’s/young child’s point of view in developmentally appropriate ways			
Tolerating ambivalent feelings in the caregiver–infant/young adult relationship			

TABLE 2: Infant's/Young Child's Contributions to the Relationship

Child Characteristics	Strength	Not a concern	Concern
Temperamental dispositions			
Sensory profile			
Physical appearance			
Physical health (from Axis III)			
Developmental status (from Axes I and V)			
Mental health (from Axis I)			
Learning style			

Level of Adaptive Functioning—Caregiving Dimension *(rate for each caregiver)*

Caregiver	Level of Adaptive Functioning

CODE:

Level 1 =
Well-Adapted
to Good Enough

Level 2 =
Strained
to Concerning

Level 3 =
Compromised
to Disturbed

Level 4 =
Disordered
to Dangerous

(DC:0–5, pp. 145–148)

B. Caregiving Environment and Infant/Young Child Adaptation

TABLE 3: Dimensions of the Caregiving Environment

(“the web of caregiving relationships surrounding the infant/young child, regardless of whether the caregivers live together”)

Caregiving Dimension	Strength	Not a concern	Concern
Problem solving			
Conflict resolution			
Caregiving role allocation			
Caregiving communication: Instrumental			
Caregiving communication: Emotional			
Emotional investment			
Behavioral regulation and coordination			
Sibling harmony			

Level of Adaptive Functioning—Caregiving Environment

Caregiver in the Environment	Level of Adaptive Functioning

CODE:

Level 1 =
Well-Adapted
to Good Enough

Level 2 =
Strained
to Concerning

Level 3 =
Compromised
to Disturbed

Level 4 =
Disordered
to Dangerous

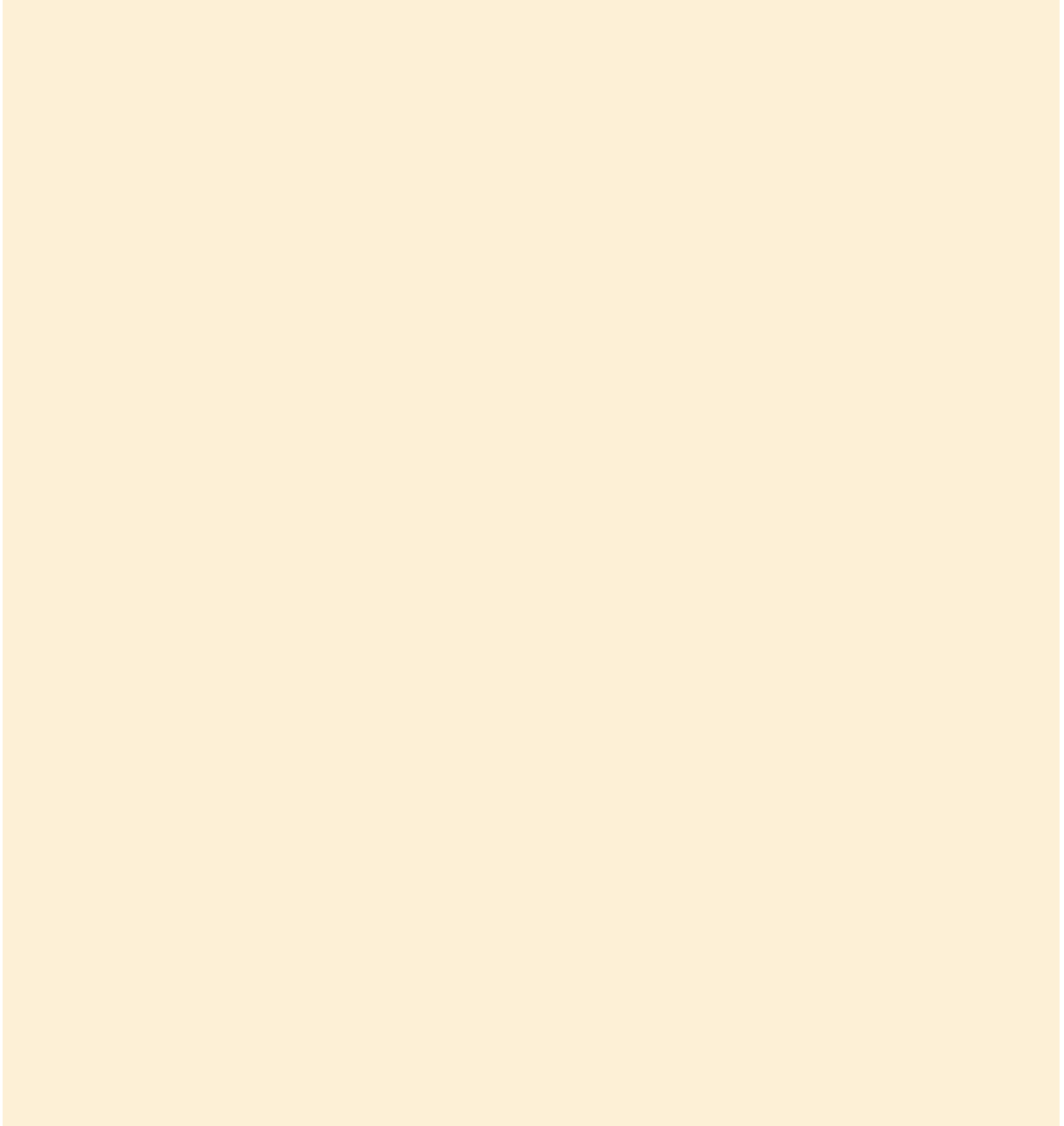


Axis I: Clinical Disorders:

(DC:0–5, pp. 15–138)

Consider whether there is evidence of trauma, chronic toxic stress, or significant loss/deprivation. Consider any rule out of disorders based on differential diagnosis.

List all diagnoses. **Bold** the diagnosis(es) that will be the primary focus of mental health treatment.



Multiaxial Framework Worksheet is an adaptation of format contributed by Marian Williams, PhD, DC:0–5 Expert Faculty